

New Mexico 4-H Adult Retreat 2024 Workshops

November 9, 2024 • Albuquerque, NM



Session 1 Workshops: 9:50 - 11:20 AM

1a.

ZSuites - Making It Work For You

Tamara Schubert, Chaves County FCS / 4-H Agent

Club leader, parents, or youth...are you utilizing all ZSuites has to offer? Join for a look below the surface on how ZSuites can help you.

1b.

To Make our 4-H Club Meetings Better

Katie Ramsey, Otero County 4-H Leader

4-H Clubs and Project areas are the heart of our 4-H programs in many counties. This workshop is designed to help volunteer leaders guide their members to have a successful year!

1c.

Sparkling Creations: The Basics to the 4-H Jewelry Project

Eva Madrid, Doña Ana County 4-H Leader

Unleash your creativity in our 4-H Jewelry Making workshop! Explore the art of designing and crafting your own unique pieces as outlined in the 4-H Jewelry Project. Learn essential techniques while expressing your personal style. Perfect for beginners and enthusiasts alike discover the joy of handmade jewelry!

1d.

Real Colors

Phil Alden, Bernalillo County FCS Agent and Brittany Sonntag, Bernalillo Extension 4-H Agent

Do you ever wonder why some people react so strongly to something you've said? Have you ever watched in amazement as a co-worker struggles with a task that you see as easily accomplished? And what is it with people who just can't get organized to finish what they start? Sometimes, the answers lie within! This session focuses on learning about personal preferences and motivations to help us consider our impact on the people around us. Taking time to assess our approach can help us think about how others perceive our behaviors.



Session 2 Workshops: 1:00 - 2:30 PM

2a.

Exploring the 4-H Ceramics Project

Debby Maberry, Torrance County Extension Agent

Learn how to create unique and fun ceramic projects with new materials in this hands-on workshop. The workshop will go over the basics of what is available for youth to explore the 4-H ceramics project.

2b.

4-H Science Trunk: Agricultural Innovations In Growing Indoors

Dr. Peter Skelton, Professor & Director Extension & Research Youth Agricultural Science Center

This workshop is designed to introduce participants to a new 4-H agriscience trunk available to them through the State 4-H Department.

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Session 2 Workshops: 1:00 - 2:30 PM (continued)

2c.

Welcome to 'Welcome to 4-H'

Cindy Grooms, Doña Ana County 4-H Leader

Introduce your new club members to the world of 4-H through a series of hands-on activities that help members not only learn about 4-H, but experience "doing" it as they work their way through the 'Welcome to 4-H' project book.

2d.

Leadership Legos

Cheryl Butterfield, State 4-H Agent, Volunteer and Leadership Development

Come have fun learning about leadership skills, making connections and engaging youth. Building our youth one block at a time.



Session 3 Workshops: 3:00 - 4:00 PM

3a.

Uniquely New Mexico

Marissa Morgan, State Agent, Family and Consumer Sciences

Join the fun and learn about the Land of Enchantment in Uniquely NM! This workshop includes 4-H projects and how to implement cultural education in your club meetings!

3b.

Engaging Modern Leadership Teams

Sierra Cain, Valencia County 4-H Agent

Do you have a 4-H county council officer team? The answer might be yes, but sometimes it is no! Our counties are all unique, our needs vary, our youth have different interests. Experience engaging leadership ideas for your council team while diving into modern leadership teams to energize your 4-H youth in new and exciting leadership roles and activities.

3c.

4-H Military Partnership

Phil Alden, Bernalillo County 4-H FCS Agent

We will talk about 4-H opportunities for military connected youth. We will also discuss how to work with military installations and the staff connected to the youth programs.

3d.

Big Possibilities with Small Animals: Building interest in 4-H through small animal projects.

Brittany Johnson, Bernalillo County 4-H Ag Agent

Small Animals projects are a good way to build interest and engagement in 4-H and in animal projects.



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